

## **POOL MEMBERSHIPS PRICES & SCHEDULES**

### **Lap Swim**

Adult: \$80 per Month

Seniors: \$60 per Month

Young Adult (19-25): \$35 per month

Mondays: 10:00am - 1:00pm

Tuesdays: 10:30am - 12:30pm

Wednesdays: 10:00am - 1:00pm

### **Family Swim**

Family of 3: \$45 (1 Adult & 2 Kids)

Family of 4: \$65 (2 Adults & 2 Kids)

Additional Guests:

\$5 for for each child & \$20 for each adult  
(Up to 2 additional guests  
allowed per family)

Thursdays: 4:00pm-7:00pm

Saturdays: 12:00pm-3:00pm

For information, please contact  
our Front Desk:

**914-305-6009**

### **Inquire about Our Pool Rental**

400 Westchester Avenue  
Port Chester, NY 10573  
[www.carvercenter.org](http://www.carvercenter.org)

## **GROUP LESSONS DESCRIPTIONS AND PRICES**

### **Level One**

- Must be able to voluntarily get in the water.
- Put face in & blow bubbles.
- Be comfortable floating on front and back.

**\$100 per month**

### **Level Two**

- Blow bubbles without needing help.
- Front & back float/glide without assistance.
- Able to kick & move arms, front & back.

**\$100 per month**

### **Level Three**

- Must be able to swim comfortably in shallow & deep end on front & back.
- Must be able swim rotary with freestyle, tread in the deep end for at least one minute .
- Must be a confident swimmer.

**\$100 per month**

### **Level Four**

- Must be able to do front crawl & back crawl – 50 yards (2-Laps)
- Must be able to swim Full Breaststroke – 15 yards
- Must be able to swim Butterfly – 15 yards
- Headfirst entries (Kneeling, standing, stride, compact)

**\$100 per month**

**All group lessons will be charged  
an additional ONE TIME initial  
registration fee of \$20**



## **2023 AQUATICS**

*Group Swim Lessons  
Lifeguard Training &  
Certification  
Swim Team Clinics  
Lap Swim  
Family Swim  
Pre- Swim Team*

Cortney Grant  
Aquatics Director  
914-305-6025  
[cgrant@carvercenter.org](mailto:cgrant@carvercenter.org)

# GROUP LESSONS

## MONDAYS

Level 1 (Ages 4-6)  
3:45pm - 4:15pm  
4:15pm - 4:45pm

Level 1 (Ages 7-16)  
4:45pm - 5:15pm  
5:15pm - 5:45pm  
6:15pm - 6:45pm

Level 2 (Ages 7-16)  
4:45pm - 5:15pm  
5:45pm - 6:15pm  
6:15pm - 6:45pm

Level 3 (Ages 7-16)  
5:45pm - 6:15pm

## FRIDAYS

Level 1 (Ages 7-16)  
4:00pm - 4:30pm  
4:30pm - 5:00pm  
5:00pm - 5:30pm  
5:30pm - 6:00pm

Level 2 (Ages 7-16)  
4:30pm - 5:00pm  
5:00pm - 5:30pm  
5:30pm - 6:00pm

Level 3 (Ages 7-16)  
5:30pm - 6:00pm

## SATURDAYS

Level 1 (Ages 4-6)  
9:00am - 9:30am  
9:30am - 10:00am  
11:30am - 12:00pm

Level 1 (Ages 7-16)  
10:00am - 10:30am  
10:30am - 11:00am  
11:00am - 11:30am  
11:30am - 12:00pm

Level 2 (Ages 7-16)  
10:30am - 11:00am  
11:30am - 12:00pm

Level 3 (Ages 7-16)  
10:30am - 11:00am  
11:00am - 11:30am

Level 4 (Ages 7-16)  
11:00am - 11:30am

**\*Limited Spaces Available\***  
**\*30-minute lessons\***

**No Make-up Classes**

**Swim Caps and Goggles are required.**  
**Available to purchase at the Front Desk.**

# AQUATICS

## PRE-SWIM TEAM

MONDAYS | 6:45pm - 7:45pm

Pre-Swim Team is run by a classic swim team format, focusing on drills to improve and refine all four strokes (freestyle, backstroke, breaststroke, butterfly), proper kicking and breathing techniques, stamina, and racing skills (dives, underwaters, flip-turns).

**Ages 8 and up!**

**\$120 per Month**

**JOIN OUR LIFEGUARD TRAINING CLASS  
AND BECOME A CERTIFIED LIFEGUARD!**

## LIFEGUARD TRAINING

FRIDAYS | 6:00pm - 7:00pm

Must be able to swim one lap, front crawl and breaststroke. Must be able to tread water for one minute. In this training, we will be working on stamina, endurance, and goal setting to obtain employment following completion of course.

**Ages 14-19**

**\$50 per month**

**FOR LIFEGUARD CERTIFICATION COURSES,  
PLEASE INQUIRE AT THE FRONT DESK .  
914-305-6009**

## OTHER TRAININGS PROVIDED INCLUDE:

WSI (Water Safety Instructor)  
CPR/AED  
FIRST-AID