



Keeping the Carver Community Healthy

In the spirit of maintaining a safe environment for all, we urge everyone to take everyday prevention steps:

- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your mouth and nose with a tissue when coughing or sneezing.
- Wash your hands with soap and water, frequently, for 20 seconds
- Avoid touching your eyes, nose and mouth.
- Get plenty of sleep, be physically active, manage stress, drink plenty of fluids, and eat nutritious food.
- Prevent seasonal flu with an annual flu vaccine.

To date, Novel Coronavirus-19 appears to cause mild-to-moderate illness and symptoms like flu, fever, cough and difficulty breathing.



Carver Center will:

- Clean and disinfect frequently touched surfaces.
- Provide 60% alcohol-based hand sanitizer where soap and water are not available.
- Avoid traditional social greetings, such as handshakes, fist-bumps, hugs, etc.
- Ask sick employees to stay¹ home and ask those who begin to feel sick at work to leave, seek medical advice, and not return until symptoms such as fever cease for 24 hours.
- Carefully consider program activities on a case-by-case basis. Ex. Trips, Events, etc.
- Remain up-to-date with emerging preventative health information.

Carver Center Programs will:

- Encourage everyday preventative actions to stop the spread of germs.
- Follow recommendations, requirements, and specific protocols of all licensing agencies.

Make the community aware of additional resources.

NYS DoH novel coronavirus website at <https://www.health.ny.gov/diseases/communicable/coronavirus/>

NY State Department of Health, February 2020; NY State Education Department, February 2020; NY State Office of Children & Family Services, February 2020

¹ March 5, 2020