

Senior Calendar: September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7 Senior Breakfast 9 – 11 am Multipurpose room
10	11 Tech. Ed. 11 am – 12 pm Tech Lab	12	13	14 Arts and Crafts 11 am – 12 pm Room 101
17	18 Chair Yoga 11 am – 12 pm Movement Studio	19	20	21 Senior Connections 10 – 11 am Room 101
24	25 Open Tech. Time 11 am – 12 pm Tech Lab	26	27	28 Recreation 12 – 1 pm Pool

For more information,
contact Sadie Heald
(914) 305-6014
sheald@carvercenter.org



EVENTS

Arts and Crafts

Create a care package for students starting 6th grade at Port Chester Middle School in our after school program. Write and decorate affirmations to lift their spirits and give them confidence.

Tech. Ed. And Open Tech. Time

This month learn everything and anything about email. Discover how what email is used for, the difference between email and an apple ID, and how to send and receive emails.

Recreation

Spend some time splashing around in our Olympic sized swimming pool. Swim laps, play pool basketball or simply relax on a pool noodle.